

QLS LEVEL 5 DIPLOMA IN WORKING THERAPEUTICALLY WITH NEURODIVERSITY

ENDORSED BY SKILLS AND EDUCATION GROUP

This practical, neuro-affirming course is designed for qualified counsellors working under supervision who want to enhance their skills and understanding when working with neurodivergent clients.

Training will take place over 3 weekends and will help you:

- Understand neurodivergence from diagnostic, functional and lived experience perspectives
- Explore how anxiety and trauma commonly show up in neurodivergent clients — and how to respond in ways that heal, not harm
- Learn how to adapt your counselling approach to meet individual needs and sensory preferences
- Build a strong, strengths-based foundation for neuro-affirming practice
- Feel more confident supporting clients who may have found therapy inaccessible or invalidating in the past
- Delivered by practitioners with both lived experience and extensive professional expertise

You'll leave this course with a deeper understanding of what neurodivergent clients want from therapy, along with practical tools and insights you can immediately bring into your work.

Whether you're already working with neurodivergent clients or hoping to do so in the future, this course will empower you to create a more inclusive and effective counselling practice.

Day 1 - Neurodiversity and the Neuroaffirming Approach

Day 2 – Focus on Autism

Day 3 – Focus on ADHD

Day 4 – Neurodivergence and Mental Health

Day 5 – Working Therapeutically with Neurodivergence

Day 6 – Assessment Day



Delivered by Lucy Hanson and Lyndsay MacAulay with guest speakers to ensure a range of lived experiences and professional expertise

Course Dates for 2025/ 2026:

Autumn Dates: 27th & 28th September, 18th & 19th October, 8th & 9th November

Spring Dates: 7th & 8th February, 7th & 8th March, 28th & 29th March

Summer Dates: 16th & 17th May, 6th & 7th June, 27th & 28th June

Assessment: Participants will be assessed through continual practical assessment by Tutors and Peers and will write a review, case study and deliver an individual presentation.

We will ensure that reasonable adjustments or special consideration will be offered to enable fair access to all components of the course.

Fees: £849 (payment plan available) Discounts offered for groups of 10+

Certificate: Provided by Skills and Education Group Quality Licence Scheme for CPD

Venue: RASA Education Training Centre, Birkenhead, CH41 1AL

For further information or to book a place please contact:
bpcounselling@gmail.com