

QLS LEVEL 3 CERTIFICATE IN WORKING WITH NEURODIVERSITY FOR HELPING PROFESSIONALS

ENDORSED BY SKILLS AND EDUCATION GROUP

Are you a counsellor, therapist, coach, support worker or someone in a helping profession who wants to deepen your understanding of neurodivergence? This course is designed for people like you – those with a basic awareness of neurodivergence, who are ready to build their confidence, grow their skills, and offer a more neuroaffirming approach in their work.

Why this matters:

Around 1 in 5 people are neurodivergent. Too often, neurodivergent clients feel misunderstood or unsupported by professionals who haven't been trained in how to meet their needs. This course bridges that gap.

What you'll learn:

We'll introduce you to the key knowledge and insight from lived experiences associated with neurodivergence – especially Autism and ADHD – and help you understand what these mean in real-life, not just on paper. You'll explore:

- What neurodiversity really means (and why it matters)
- How Autism and ADHD are diagnosed – and why many people are missed or misdiagnosed
- Common experiences like masking, burnout, and late diagnosis
- Strengths-based approaches that support clients without asking them to fit a "norm"
- Practical ways to adapt your support, communication, and environment
- How to challenge outdated stereotypes and reflect on your own practice

By the end of this course, you'll feel more equipped to:

- Work confidently and compassionately with neurodivergent clients
- Make meaningful, neuroaffirming accommodations

This is a supportive and accessible starting point for anyone who wants to be a better ally to neurodivergent people – and build a more inclusive practice in the process.

1: The Neurodivergent Umbrella
2: Introduction to Autism
3: Key Autistic Characteristics
4: Introduction to ADHD
5: Key ADHD Characteristics
6: Masking



Delivered by Lucy Hanson and Lyndsay MacAulay with guest speakers to ensure a range of lived experiences and professional expertise

Course dates for 2026:

12th January,
19th January
26th January
2nd, February
9th February
16th February

Venue: RASA Education Training Centre, Birkenhead, CH41 1AL

Fees: £349 (payment plan available) Discounts offered for groups of 10+

Certificate: Provided by Skills and Education Group Quality Licence Scheme for CPD

For further information or to book a place please contact:
bpcounselling@gmail.com