

QLS -17191 CPD **UNDERSTANDING** **NEURODIVERSITY FOR** **HELPING PROFESSIONALS** **ENDORSED BY SKILLS AND EDUCATION GROUP**

This one-day introductory course is designed for people in helping roles – counsellors, educators, support workers and more – who want to develop a clearer understanding of neurodiversity and feel better equipped to support neurodivergent clients.

Whether you're just starting out or want a refresher, this short course offers a warm, practical introduction to:

- To be able to define and describe neurodiversity
- To be able to describe Autism and ADHD
- To understand the challenges faced by neurodivergent people
- To reflect on how you can support neurodivergent clients.

You'll leave this course with a stronger foundation, fresh insights, and ideas you can take straight into your work.

Part 1 The Neurodivergent Umbrella
Part 2 Introduction to Autism
Part 3 Introduction to ADHD
Part 4 Reflections on Practice

Delivered by Lucy Hanson and Lyndsay MacAulay with guest speakers to ensure a range of lived experiences and professional expertise

Individual Course dates for 2025/ 26:

29th November

18th April

11th July

**Venue: RASA Education Training Centre,
Birkenhead, CH41 1AL**



Fees: £60 Discounts offered for groups of 10+

Certificate: Provided by Skills and Education Group Quality Licence Scheme for CPD

For further information or to book a place please contact:
bpcounselling@gmail.com